



Additional Individual Exams

After a thorough review of your medical profile, physical examination and lab results, our physician may recommend further diagnostic tests customized to your specific condition. These tests may include:

Cardiac Lab screening tests:

- Albumin/creatinine ratio
- Fibrinogen
- Homocysteine
- Lipoprotein (a)
- Lipoprotein electrophoresis
- Ultrasensitive C-reactive protein

Cardiac function tests:

- Electrocardiography stress test (Baseline at age 45 and then every two years)
- Calcium scoring of the coronary arteries
- CT angiography
- Thallium stress test
- Echocardiogram

Lung screening:

- CT of the chest
- PFT (pulmonary function test)

Stroke or aneurysm risk assessment:

- MRI of the brain
- Magnetic resonance arteriography of the brain and carotid arteries
- Abdominal aorta ultrasound.

Vascular screening:

- Carotid ultrasound
- Ankle Brachial Index.

Neurological screening:

- CT angiogram
- Tilt Table

Gastrointestinal screening:

- H. pylori testing
- Colonoscopy (age 50 and then every 5-7 years, earlier if preexisting family Hx)
- Upper endoscopy
- ERCP
- Sigmoidoscopy
- Abdominal ultrasound

Cancer screening:

- PET scan to detect various body tumors.
- Colonoscopy for colorectal cancer
- **Women specific:**
 - ❖ Pap smear for cervical cancer (thin Prep Pap)
 - ❖ Transvaginal ultrasound for uterine and ovarian cancer
 - ❖ Digital Mammography (Typically at age 38)
 - ❖ MRI of the breast (specific for breast implants)
 - ❖ CA-125 test for ovarian cancer
- **Male specific:**
 - ❖ PSA level for prostate cancer (typically annual testing begins at age 45)

Osteoporosis screening:

- Bone density (At menopause and then every 2 years)

Vaccines:

- MMR (if born after 1956)
- Tetanus Toxoid Booster (every 10 years)
- Hepatitis A, B
- Pneumovax
- Influenza

Preventative Testing:

- Hepatitis B, C
- HIV
- HTLV
- HSV
- HPV